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Custom Molded Shoes Wear-In Instructions

Custom molded shoes are individually hand crafted to accommodate areas of high pressure, pain, ulcerations, braces and deformities. Custom molded shoes will feel bigger and have more room than standard off-the-shelf shoes. Custom molded shoes require “break-in” just like standard shoes, however, this should be a gradual process and may take longer than standard shoes. Wear the shoes for 1 hour the first day, 2 hours the second day, 3 hours the third day...etc. Custom shoes will be shaped and contoured to each individual’s feet. This may cause shoe shape and size to be different from each other and cause the shoes to appear different from the pictures in the catalog.

Inspect your feet thoroughly and often for redness or areas of high pressure. This should be done every few hours for the first couple of weeks. If you experience any redness, pain or blistering stop wearing the shoes immediately and contact our office or your physician.

Custom molded shoes may appear to be slipping in the heel area; this is normal. These shoes are constructed to allow your foot to move naturally within the shoe. Always make the laces or Velcro closures as tight as appropriate to prevent excessive heel slipping.

Custom molded shoes are designed for function and protection and not cosmetics. Since custom molded shoes are individually hand crafted, every pair will be different from each other and will differ from previously manufactured pairs.

These instructions have been explained to me and I have been given a written copy of them to take home.

Patient Signature: _____ Date: _____

Please contact us if you have any questions

UNC Hospital Office: 919-966-4630

UNCH Prosthetics/Timberhill Pl. Office: 919-945-0215